



June Newsletter

5/29/24 | Issue 1

Sara Athman, MS, BCBA

MN Positive Support Professional

sara@brainerdbehaviorsupport.com

www.brainerdbehaviorsupport.com

Call/Text: [320-316-3284](tel:320-316-3284)

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only be
mailed out to
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Person-Centered Planning

I recently completed 'The Foundations of Person-Centered Planning', which is a series of trainings and mentoring sessions over the course of 4 months, put on by Star Services and DHS. With what I've learned in this course I will be adding a new service:

Person-Centered Planning Facilitation

This service will allow the person and their chosen team to get together and make a visual action plan. The plan is centered around a dream or goal of the person's choosing such as moving to a new house, getting a new job, or taking a dream vacation. The process is very positive and person-centered and the team leaves with actionable steps to support the person in achieving their dream.

Summer Schedule



I have a lot more flexibility with my schedule over the summer. However, school is out and there's camps and trips planned for myself and several people I work with. **Email me your summer availability and let's get you on the calendar!**

Email Me

TIME OFF

5/30 - 6/9

I will be taking some time off for my brother's wedding and to spend time with my kids. Feel free to email me and I will get back to you soon!

Service Spotlight

Note to County Case Managers: My 245D license has been updated to include Specialist Services, in addition to Positive Supports. I will let you know if this affects current service agreements.

Person-Centered Facilitation can be billed under 'Family Training' S5110 or S5110 U4 (remote).

Training caregivers and monitoring the PCP plan can be billed under 'Specialist Services'.

What content would you like to see in a future newsletter?

Motivation

Executive Functioning

Oppositional Defiant Disorder

Person-Centered Facilitation

Emotional Regulation

About Sara

I provide behavior support services and person-centered planning (PCP) for children and adults, as well as training for group home staff and school personnel. In 2010 I became a Board Certified Behavior Analyst and worked in schools for several years. In 2019 I opened a private practice to offer in-home and virtual behavior support for children and adults. This past year I went from part-time to full-time and added PCP to my services.



I live in Nisswa, MN with my husband, two kids, two dogs, two bunnies, one cat, and several ducks and chickens!