Name:		Date:			
	ART	YES	SOMETIMES	NO	
1	Drawing				
2	Coloring				
3	Painting				
4	Cutting & Gluing				
5	Clay/Ceramics/Play Doh				
6	Slime				
7	Sewing				
8	Cross Stitching				
9	Knitting/Crochet				
10	Scrapbooking				
11	Crafting				
12	Cartooning				
13	Pinterest Projects				
14	Other:				
	TECHNOLOGY	YES	SOMETIMES	NO	
15	T.V. Shows				
	List:				
16	Movies				
	List:				
17	Video Games				
	List:				
18	Computer Games				
	List:				
19	YouTube				
	List:				
20	Podcasts				
	List:				
21	Apps				
	List:				
22	Make your Own Video/Podcast/Blog				
	Topic:				
23	Social Media				
24	Other:				

GAMES & PUZZLES		YES	SOMETIMES	NO
25	Puzzles			
26	Board Games			
27	Card Games			
28	Activity Books			
29	Brain Teasers			
30	Other:			
	OUTSIDE	YES	SOMETIMES	NO
31	Walking			
32	Hiking			
33	Running			
34	Biking			
35	Skating			
36	Golf			
37	Climbing			
38	Swinging			
39	Jumping			
40	Swimming			
41	Fishing			
42	Boating			
43	Kayaking/Canoeing			
44	Paddle Boarding			
45	Jet Skiing			
46	Water Skiing			
47	Cross Country Skiing			
48	Downhill Skiing			
49	Snowboarding			
50	Sports			
51	List:			
52	Garden			
53	Camping			
54	Have a Fire/Roast Marshmallows			
55	Have a Picnic			
56	Relax			
57	Other:			

	INTERESTS	YES	SOMETIMES	NO
58	Dancing			
59	Gymnastics			
60	Musical Instruments			
	List:			
61	Singing			
62	Acting/Theater			
63	Horseback Riding			
64	Martial Arts			
65	Yoga			
66	Photography			
67	Videography			
68	Trivia			
69	Comedy			
70	Robots/Robotics			
71	Astronomy/Space			
72	Geography			
73	Learning about other Cultures			
74	Learning a Foriegn Language			
75	Government			
76	History			
77	Science Experiments			
78	Nature			
79	Animals			
80	Teaching or Caring for Younger Children			
81	Religion/Church			
82	Building/Making Things			
83	Medicine			
84	Baking			
85	Cooking			
86	Cleaning			
87	Exercising/Lifting Weights			
88	Reading			
89	Writing			
90	Other:			

DISCUSSION QUESTIONS

- 1. What is your favorite thing to do with friends?
- 2. What is your favorite thing to do with family? Least favorite?
- 3. What do you enjoy doing at home by yourself?
- 4. What is something you would like to learn how to do?
- 5. What is one thing you've learned about yourself during this time?
- 6. What has been a fun new activity you've started since this pandemic began?
- 7. What are the top three things you miss since before this pandemic?
- 8. What is the first thing you will do when this pandemic is over?
- 9. Who is the person you miss spending time with the most?
- 10. What does your perfect day look like?